



## Mutual Self-Help Housing Program Team Lead & Team Partner Task Description

Dear Potential Volunteer,

Umpqua CDC is pleased to learn of your interest helping build homes for our Self-Help Housing program participants.

Construction labor is physically demanding, requires quick reflexes in order to carry out the building tasks in a safe manner, and requires working during all Oregon seasons in hot, cold, and wet conditions. This work is notoriously hard on the human body, so conditioning is important.

Most skills in the construction industry are learned on the building site. The Construction Supervisor will instruct you on how to perform various skills and safely use the tools of the trade.

Teamwork is fundamental in construction projects. If you dislike being dependent on others or having others dependent on you, construction may not be right for you.

To ensure the highest degree of safety and performance on the building site, the volunteers must be able to:

- Stand and walk up to 2 to 3 hours at a time on various surfaces including wood, concrete, gravel, finished floors, and even, uneven, and uncovered ground.
- Bend while installing floors, hammering nails, picking up building materials, etc.
- Position your body in tight spaces to assemble structures.
- Squat and kneel frequently while performing certain tasks.
- Crawl through attic and small spaces.
- Climb ladders, ramps, and scaffolding (adhering to OSHA Standards and to the equipment specifications) to access various structural elements.
- Twist and reach while performing certain tasks.
- Lift tools and structural items, weighing 50 to 80 pounds.
- Push, pull, grasp/squeeze, handle, and operate foot controls to perform typical tasks.
- Handle exposure to all seasons of Oregon weather including outdoor weather conditions and unheated interior environments.
- Arrive at the worksite wearing sturdy shoes and clothing appropriate to the weather.
- Safely operate miscellaneous hand tools, including but not limited to crow bars, sludge hammers, jack hammers, and various power tools (electric and gas motor powered).
- Dig ditches, drive stakes, and hoist materials repeatedly.
- Learn to use a tri-square and measuring tape.
- Follow specific directions.
- Perform a variety of duties within each work shift.
- Work within Construction Supervisor designated standards of accuracy.
- Evaluate information using measurable standards.

- Solve simple math problems and be able to read and understand various construction procedures.

You should be ready and willing to:

- Do routine work
- Work with your hands, using tools and machines
- Work outdoors in hot or cold temperatures

Participants must:

- Show up at the job site with dressed appropriately
- Agree to use Umpqua CDC provided tools in a safe and proper manner, and return them in good working condition at the end of each day.
- Help keep the worksite clean, and eliminate possible hazards.
- Agree to take direction from the Construction Supervisor or assigned lead and work with others in a safe and friendly manner.
- Be detail oriented and demonstrate organizational skills to ensure safety and successful completion of assigned tasks.

Umpqua CDC has a “no-tolerance” drug and alcohol policy, to help ensure the safety of everyone on the building site. No one is allowed on the work site while under the influence of alcohol, illegal drugs, or medications that impair their abilities.

All construction tasks are assigned tasks by the Construction Supervisor. Everyone works on all the homes.

Prior to performing any work on the building site volunteers must sign a Volunteer Liability and Photo Release form.